

Date: 5/14/25

PREP GRADE 6-12 LAUSD BREAKFAST, LUNCH, SUPPER MENU
MAY 19 - MAY 23, 2025

WEEK 2	MONDAY 5/19/25	TUESDAY 5/20/25	WEDNESDAY 5/21/25	THURSDAY 5/22/25	FRIDAY 5/23/25
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon Pan Dulce V (R2252)	Morning Beef Sausage Sandwich (R0108)	Fiesta Bean & Cheese Burrito V (R1099) OPTIONAL: Fresh Salsa (R4613) Taco Sauce or Tapatio	Blueberry Oat Bar V (R2284-DW, R2283-CB)	Café LA Coffee Cake V (CMS #2773)
Entrée 2	Deluxe Cereal Bowl V	Nutri-Grain Bar & Yogurt V (R5721-DW, R5722- CB)	Deluxe Cereal Bowl V	Buttery Maple Waffle V (R2259)	Yogurt 4 oz. & Crackers V (R5617-DW / R5618-CB)
Entrée 3 <i>Vegan</i>	Deluxe Cereal Bowl Cinnamon Chex (CMS #1625) AND/OR Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)	Soy Yogurt & Belvita Crackers (R5715-DW, R5716-CB)	Deluxe Cereal Bowl Cinnamon Chex (CMS #1625) AND/OR Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Banana (CMS #3204)	Fresh Fruit
Fruit Juice (½ c)	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.
Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>	Chicken Drumstick & Mashed Potato (R0972) Artisan Roll (CMS #6068)	Spicy Taco Stick (R0195) & Salsa (R4613)	Buttery Burger (R5776) Optional: Fresh Topping* AND/OR Buttery Cheeseburger (R5777) Optional: Fresh Topping* AND/OR Buttery Western Cheeseburger (R5778) Optional: Fresh Topping*	Taco Bean & Cheese Dip with Tortilla Chips V (R1956)	Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063)

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Entrée 2	Beef & Cheese Taquitos (R0167) & Fresh Salsa (R4613)	Chicken Alfredo Pasta (R5734)	Chicken, Cheese & Chili Flauta & Tortilla Chips (R5796) & Salsa (R4613)	Mac N Cheese V (R5653)	Fi-LA of Fish Sandwich (R0843)
Entree 3 <i>Vegan</i>	Vegan Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Spicy Chick'n Sandwich (R6051) Optional: Fresh Topping* AND/OR Chik'n Sandwich (R6029) Optional: Fresh Topping*	Impossible Burger (R6032) Optional: Fresh Topping*	Bean & Veggie Taco CrispUp (R1953)	Vegan Teriyaki & Carrot Rice Bowl (R6041)
Entrée 4 <i>Sandwich</i>	Manager's Choice LUNCH Sandwich** & Fresh Topping*	Manager's Choice LUNCH Sandwich** & Fresh Topping*	Manager's Choice LUNCH Sandwich** & Fresh Topping*	Manager's Choice LUNCH Sandwich** & Fresh Topping*	Manager's Choice LUNCH Sandwich** & Fresh Topping*
Entrée 5 <i>Smoothie</i> <i>AND/OR</i> <i>Parfait</i> <i>AND/OR</i> <i>Salad</i>	Manager's Choice Smoothie** Granola Cinnamon V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon V (CMS #1501) AND/OR Chicken Parmesan Salad (R5710) Cheesy Garlic Breadstick (R2657)	Manager's Choice Smoothie** Granola Cinnamon V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon V (CMS #1501) AND/OR Cajun Chicken Salad (R5713) Honey Biscuit (R2638)	Manager's Choice Smoothie** Granola Cinnamon V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon V (CMS #1501) AND/OR Crunchy Chef Salad (R5789) Artisan Roll (CMS #6068)	Manager's Choice Smoothie** Granola Cinnamon V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon V (CMS #1501) AND/OR Chinese Chicken Salad w/Shredded Chicken (R5709) Hawaiian Roll (CMS #6082)	Manager's Choice Smoothie** Granola Cinnamon V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon V (CMS #1501) AND/OR Chicken Parmesan Wrap (R5751-DW / R5752-CB)
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable-Fresh (½ c)	Petite Baby Carrots (CMS #3006)	Café LA Salad (R4576)	Celery Sticks (CMS #3826)	Petite Baby Carrots (CMS #3006)	Roasted Potato Wedges (R4370)
Vegetable-(½ c)	Berry Berry Blue Slush (CMS #2827)	Street Corn (R4530)	Sweet Potato Fries (R4464) (Choice of Sauce)	Orange Medley Juice (CMS #1308)	Cooked Edamame (R4596)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

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Fruit - Juice (½ c)	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Fruit Juice 4 oz.	Kiwi Strawberry Slush (CMS #2417)
Treat Item	Offer Chocolate Chip Cookie* (R2641/CMS #2766) once a week as an Extra Treat. *Sites may get auto sub of festive cookie dough to deplete inventory				
Milk, 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
LUNCH CONDIMENT	BBQ Sauce Taco Sauce or Tapatio Ketchup Mayonnaise Mustard Caesar Dressing Optional: Ranch Dressing Tajin Optional: Liquid Chamoy	Taco Sauce or Tapatio BBQ Sauce Ketchup Mayonnaise Mustard Cajun Ranch Dressing Ranch Dressing Tajin Optional: Liquid Chamoy	Ketchup Mayonnaise Mustard Secret Sauce (R7079) Ranch Dressing Taco Sauce or Tapatio Choice of Sauce: Secret Sauce (R70967), BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111- DW), Sriracha Mayo (R7096) Optional: Liquid Chamoy Tajin	Taco Sauce or Tapatio Ketchup Mayonnaise Mustard Asian Sesame Dressing Optional: Ranch Dressing Tajin Optional: Liquid Chamoy	Ketchup Mayonnaise Mustard Sriracha Sauce Tajin Optional: Liquid Chamoy
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 Hot OR Cold	Longboard Pizza (Chicken & Jalapeno) (R1156) AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Granola V (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** V Granola Cinnamon V (CMS #1501)	Cheesy Pillows V (R1119) AND/OR Turkey Stick (CMS #2065) & String Cheese (CMS #2902) Cheez-It Crackers (CMS #1239)	Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Manager's Choice SUPPER Sandwich**	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) AND/OR Beef Stick Meal Kit (CMS #1688) AND/OR Sunbutter & Jelly Meal Kit V (CMS #1683)	Mini Mozzarella Bites with Marinara Sauce V (R1153) AND/OR Tuna Pouch (CMS #1382) Whole Wheat Crackers (CMS #1584)
Entrée Children Under 4	Manager's Choice SUPPER Sandwich** AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Crackers V (CMS #1590) AND/OR Manager's Choice Yogurt Parfait** V Crackers V (CMS #1590)	Cheesy Pillows V (R1119) AND/OR Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers V (CMS #1239)	Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Crackers (CMS #1590) AND/OR Manager's Choice Yogurt Parfait** V Crackers V (CMS #1590)	Manager's Choice SUPPER Sandwich** AND/OR Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers V (CMS #1239)

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Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. <i>Provide a vegan entrée that is different than what was served for lunch the same day.</i> Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029)				
Vegetable (½ c)	Cherry Smooth Cup (CMS #2364)	Berry Berry Blue Slush (CMS #2827)	Petite Baby Carrots (CMS #3006)	Paradise Punch Vegetable Juice (CMS #1681)	Celery Sticks (CMS #3826)
			Under 4 Yrs: Orange Medley Juice (CMS #1308)		Under 4 Yrs: Cherry Smooth Cup (CMS #2364)
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Frozen Watermelon Juice Cup (CMS #2182)
					Children Under 4: Fresh Fruit
Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
SUPPER CONDIMENT	Mayonnaise Mustard Tajin	Tajin	Mayonnaise Mustard Optional: Ranch Dressing Tajin	Taco Sauce or Tapatio Tajin	Mayonnaise Mustard Optional: Ranch Dressing Tajin

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Must serve two choices from the following five (5) options – 1. Fat-Free Milk, 2. Low-Fat Milk, 3. Fat-Free Lactose Free Milk, 4. Fat-Free Chocolate Milk, 5. Fat-Free Strawberry **NOTE:** Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1st grade and above.

Deluxe Cereal Bowl: Cinnamon Toast Crunch (CMS #1623), Honey Bunches of Oats (CMS #1425), Honey Cheerios (CMS #1442), Cinnamon Chex (CMS #1625)

Fresh Fruit Banana (CMS #3204), Tangerine (CMS #3198), Orange (CMS #3093), Kiwi (CMS #3846), Cara Cara Orange (CMS #3238), Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week (refer to Daily Update).

**MANAGER'S CHOICE	
MANAGER'S CHOICE LUNCH SANDWICH OPTIONS	Toasted Cheese Sandwich (R1086-IW / R1131-Scratch), Turkey Breast & Cheese Sandwich (R0911), Turkey Steak & Cheese Sandwich (R0942), Tuna Sandwich (R5619), Banh Mi Sandwich w/Pickled Carrots & Daikon (R5753)
MANAGER'S CHOICE SMOOTHIE OPTIONS	Strawberry Smoothie (R3329D-DW, R3329C-CB), Blueberry Smoothie (R3326D-DW, R3326C-CB), Mango Smoothie (R3325D-DW, R3325C-CB), Strawberry Mango Smoothie (R3343-DW, R3344-CB)
MANAGER'S CHOICE PARFAIT OPTIONS	Blueberry Yogurt Parfait (R1647D-DW, R1647C-CB), Mango Parfait (R1665D-DW, R1665C-CB)
MANAGER'S CHOICE SUPPER SANDWICH OPTIONS	Turkey Breast & Cheese Sub (R0911), Turkey Steak & Cheese Sandwich (R0942), Tuna Sandwich (R5619), Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944), Sunbutter & Strawberry Jelly Sandwich V (R1943)